

# METRO GRILL & BAR

## *Take Out Menu*

### Appetizers

#### Fried Calamari / \$14

your choice of traditional, buffalo, thai  
chili or toscano style

#### Garlic Bread / 6

garlic butter spread ( add cheese +2)

#### Clams Casino / 14

five baked clam shells with chopped clams,  
peppers, onions, bacon & bread crumbs

#### Metro Buffalo Wings / \$14

choice of buffalo, bbq chipotle, honey mustard

#### Mussels / 12

your choice of fra diavolo sauce or bianco  
white wine garlic butter sauce, tomatoes &  
basil



## Pasta Entrées

### Vodka Rigatoni / \$21

pink cream sauce, prosciutto, romano cheese

### Angel Hair Pomodoro / \$19

Italian plum tomatoes, garlic, basil, pepper flakes &  
olive oil

### Spaghetti & Meatballs / \$19

homemade marinara sauce

### Porcini Linguine / \$21

Italian sweet sausage, porcini mushroom, parmesan  
cream sauce

### Penne Shrimp / \$26

shrimp, kalamata olives, cherry tomatoes, broccoli,  
garlic & olive oil

### Angel Hair Crab Meat / \$ 28

lump crab meat tossed with angel hair pasta, garlic,  
parsley & olive oil

### Penne Alfredo / \$21

prosciutto & peas tossed in a rich parmesan  
cream sauce

### Mussels Bianco over Linguine / \$24

white wine garlic butter sauce, basil

### Mussels Fra Diavolo over Liguine / \$24



# Chicken & Veal Entrées

Chicken / \$26 - Veal / 32

## Parmesan

breaded, topped with melted mozzarella, marinara sauce /  
side of pasta

## Marsala

in a marsala wine mushroom sauce / side of pasta

## Francaise

egg-dipped, sautéed with sun-dried tomatoes &  
artichoke hearts in a lemon butter sauce / side of pasta

## Piccata

lightly floured & sautéed with a lemon butter caper sauce /  
side of pasta

## Saltimbucca

topped with sage, prosciutto & melted provolone  
over spinach

## Scarpariello

Italian sweet & hot sausage, sweet pickle peppers, pinot grigio butter  
sauce with roasted potatoes

## Walnut Crusted Chicken

walnut crusted & lightly fried, dijon mustard sauce /  
roasted potato & vegetables

## Eggplant Parmesan (V)

eggplant parmesan with a pomodoro sauce served over penne  
pasta



# Salmon Entrées

## Mediterranean

roma tomatoes, kalamata olives, artichoke hearts, basil, garlic, olive oil / side of pasta

## Florentine

sautéed spinach & sliced mushrooms in a lemon butter sauce / side  
of pasta

## Piccata

lemon & caper butter sauce, herbs, diced tomatoes / side of pasta

## Salmon with Crab Scampi

crab meat in a scampi garlic butter sauce / side of pasta



## Steaks & Chops

### NY Sirloin / \$36

14 oz beef sirloin, roasted potatoes & vegetables

### Pork Chop Scarpariello / \$29

14 oz chop, sweet & hot Italian sausage, pickled peppers, pinot grigio butter sauce & roasted potatoes

### Filet Mignon / \$39

8 oz certified beef filet, roasted potatoes & vegetables



## Thin Crust Pizza - 9 inch

### Margarita Pizza / \$12

mozzarella, plum tomato sauce, fresh basil & olive oil

### Sausage Toscano / \$13

Italian sweet sausage, mozzarella, plum tomato sauce, garlic, basil

### Verde / \$13

white pie, mozzarella, broccoli, garlic, & olive oil

### Shrimp Scampi / \$15

white pie, shrimp, garlic, parsley, olive oil, mozzarella



## Light Fare

### Metro Cheese Burger / \$14

choice of cheese, lettuce & tomato on a brioche roll served with french fries

### Meatball Parmesan Sandwich / \$12

meatballs, melted mozzarella cheese & marinara sauce on Italian stick bread  
served with french fries

### Honey Mustard Chicken Sandwich / \$13

grilled chicken breast on Italian stick bread, honey mustard, lettuce, tomatoes,  
served with french fries

### Blue Cheese Chicken & Walnut Salad / \$15

mixed greens, crumbled blue cheese, candied walnuts, tomatoes & cucumbers  
with balsamic vinaigrette topped with grilled chicken

### Ceaser Salad / \$12

romaine lettuce, oven baked croutons with a homemade caesar dressing